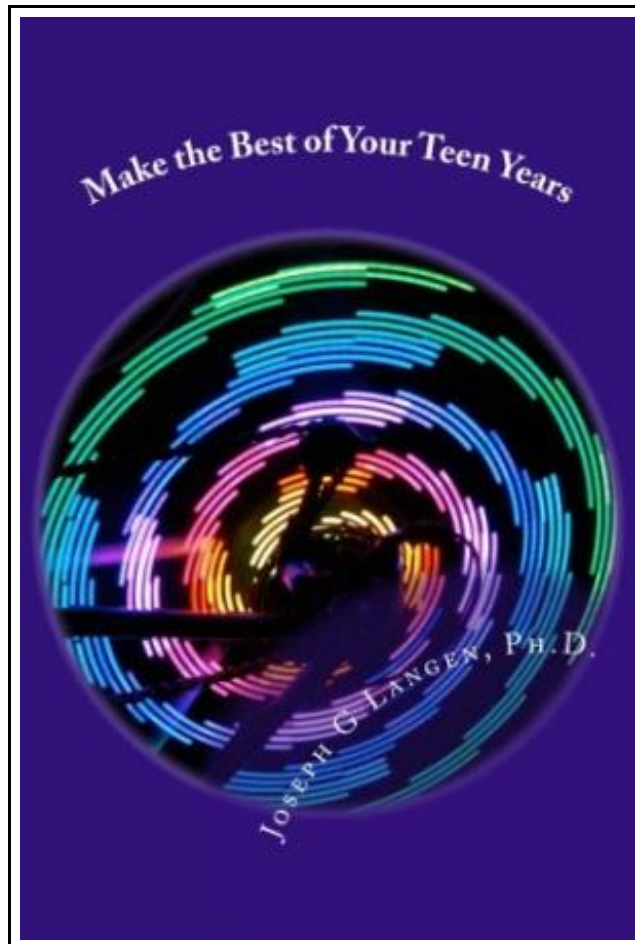


## Make the Best of Your Teen Years: 105 Ways to Do It (Paperback)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.After writing my first book, Commonsense Wisdom for Everyday Life, I realized that what I had to say was directed toward adults. I wondered what teens would make of it, and came to the conclusion that most of their concerns were different from those of adults. I also wondered whether I really knew what their issues were. I decided that the best way to find out for sure was to ask teens what concerned them and how they dealt with their concerns. I went in search of teens who were willing to talk with me about them. I found a number of teens who agreed to fill out a questionnaire and meet with me to talk about what they had written. This book is an account of that process. The teens who participated were all from Western New York, some from rural Genesee County and the others from urban Monroe County. As you read on, you will find stories based loosely on teens I have met over the years I have been in practice. These are stories I wrote to give you some examples of how teens might deal with certain issues. None of the characters in these stories are actual people. A teenager named Violet wrote the poems at the beginning of each chapter. She did not wish to have her name published, so we will just know her as Violet. Each chapter also has a story to introduce the topics found in that chapter. You will also find practical suggestions at the end of each chapter and sometimes within the chapters. These are designed to help you practice some of the things discussed in that chapter....



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