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Intentional Connections: Learning to Grow from Children (Paperback)

By Gloria O Brien

iUniverse, United States, 2011. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Is it true that children are as vulnerable and innocent as we think they are? Adults view themselves as children s teachers, mentors, counselors, overseers, and guides. In Intentional Connections, a marriage and family therapist explores a different paradigm-one that supports the belief that children are capable of not just learning from us, but teaching us as well. Gloria O Brien s extensive professional background has included counseling parents with concerns that range from common behavioral problems to rare disabilities. She shares psychological theories, case studies, and real-life vignettes that suggest when we observe our interactions with our children more attentively, we uncover the many life lessons children provide. While including step-by-step instructions on how adults can avoid the obstacles that interfere with our ability to hear our children and achieve greater personal growth, O Brien provides specific guidance on how parents can distinguish their own identity from their child s identity; recognize emotional triggers from the past; separate emotions from logic and enhance decision-making; learn to empathize with children; identify and stop buttonpushing behaviors. Intentional Connections helps...



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