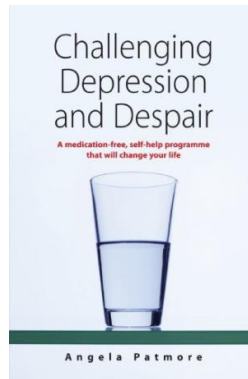


Challenging Depression and Despair: A Medication-free, Self-help Programme That Will Change Your Life



Book Review

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(Mrs. Winifred Fritsch)

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