



## Paths to Prayer: Finding Your Own Way to the Presence of God (Hardback)

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By Patricia D. Brown

John Wiley Sons Inc, United States, 2003. Hardback. Book Condition: New. 213 x 206 mm. Language: English . Brand New Book. With step-by-step instructions for over forty ways to pray, this valuable guide contains a wealth of timeless spiritual prayer practices that Christians have used over the last 2000 years from cultures around the world. Among the prayer practices you ll encounter in this book are the daily office, the prayer shawl, praying with icons, centering prayer, fasting, prayer beads, walking a labyrinth, pilgrimage, anointing for healing, and praying the scriptures. Paths to Prayer offers a whole-person approach to prayer that takes into account each person s individuality and doesn t assume we all relate to God in the same way. A prayer styles self-assessment will help you reflect on your life, your preferences, and your unique way of interacting with the world. Try new dimensions of praying- innovative, searching, relational, and experiential- to deepen your encounter with the divine.



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